

# Big Breakfast



The Australian  
Thyroid Foundation Ltd

Thyroid disorders affect 1 in 7 Australians. One of the main causes of thyroid disorders is a lack of iodine in the diet.

The Big Breakfast, an initiative of The Australian Thyroid Foundation, helps to raise awareness about the benefits of iodine and the importance of maintaining good thyroid health.

**You are invited to enjoy an iodine enriched breakfast on your way to work on Tuesday 27 October at Martin Place in Sydney.**

Enjoy a Big Breakfast and give a Gold Coin Donation to help The Australian Thyroid Foundation continue to provide support and information to Australians living with thyroid disorders.

**WHEN** 7.00am - 11.30am, Tuesday 27 October 2009

**WHERE** Martin Place Amphitheatre, Sydney

**RSVP** Please contact Erin Copping on 02 8281 3252 or [erin@ogilvyprhealth.com.au](mailto:erin@ogilvyprhealth.com.au) by Friday 23 October 2009

For more information, visit [www.thyroidfoundation.com.au](http://www.thyroidfoundation.com.au)

## INTERVIEW & PHOTO OPPORTUNITIES



**BEVERLEY GARSIDE**  
PRESIDENT, AUSTRALIAN  
THYROID FOUNDATION



**MANU FEIDEL**  
EXECUTIVE CHEF,  
MANU AT L'ETOILE  
RESTAURANT & BAR



**DOMINIQUE RIZZO,**  
CHEF & FOOD CONSULTANT



**BREE AMER**  
THYROID CANCER SURVIVOR  
AND MEDIA PERSONALITY



**CLAIRE HOOPER**  
THYROID PATIENT, COMEDIAN



**KAMAHL**  
THYROID PATIENT,  
SINGER AND ENTERTAINER